

# Reinforcement Learning

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## *Lecture 5: Policy Gradient 2*

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## Recap: Policy optimization

- o The objective of reinforcement learning in terms of the policy parameters is given by the following:

$$\max_{\theta} J(\pi_{\theta}) := \mathbb{E} \left[ \sum_{t=0}^{\infty} \gamma^t r(s_t, a_t) \mid s_0 \sim \mu, \pi_{\theta} \right] = \mathbb{E}_{s \sim \mu} [V^{\pi_{\theta}}(s)].$$

### Tabular parametrization

- ▶ Direct parameterization:

$$\pi_{\theta}(a|s) = \theta_{s,a}, \text{ with } \theta_{s,a} \geq 0, \sum_a \theta_{s,a} = 1.$$

- ▶ Softmax parameterization:

$$\pi_{\theta}(a|s) = \frac{\exp(\theta_{s,a})}{\sum_{a' \in \mathcal{A}} \exp(\theta_{s,a'})}.$$

### Non-tabular parametrization

- ▶ Softmax parameterization:

$$\pi_{\theta}(a|s) = \frac{\exp(f_{\theta}(s, a))}{\sum_{a' \in \mathcal{A}} \exp(f_{\theta}(s, a'))}.$$

- ▶ Gaussian parameterization:

$$\pi_{\theta}(a|s) \sim \mathcal{N}(\mu_{\theta}(s), \sigma_{\theta}^2(s)).$$

## Recap: Policy gradient methods

- The exact policy gradient method is a special case of the stochastic policy gradient method.

### Stochastic policy gradient method

By stochastic policy gradient method, we mean the following update rule:

$$\theta_{t+1} \leftarrow \theta_t + \alpha_t \hat{\nabla}_{\theta} J(\pi_{\theta_t}),$$

where  $\hat{\nabla}_{\theta} J(\pi_{\theta_t})$  is a stochastic estimate of the full gradient of the performance objective and is used in

- ▶ REINFORCE [18]
- ▶ REINFORCE with baseline [18]
- ▶ Actor-Critic [11]
- ▶ ...

## Previous lecture

- In the previous lecture, we answered the following two questions.

### Question 1 (Non-concavity)

When do policy gradient methods converge to an optimal solution? If so, how fast?

### Question 2 (Vanishing gradient)

How to avoid vanishing gradients and further improve the convergence?

## Previous lecture

- In the previous lecture, we answered the following two questions.

### Question 1 (Non-concavity)

When do policy gradient methods converge to an optimal solution? If so, how fast?

- Remarks:**
- Optimization wisdom: GD/SGD can converge to the global optima for “convex-like” functions:

$$J(\pi^*) - J(\pi) = \mathcal{O}(\|\nabla J(\pi)\|) \text{ or } \mathcal{O}(\|G(\pi)\|)$$

- Take-away: Despite nonconcavity, PG converges to the optimal policy, in a sublinear or linear rate.

### Question 2 (Vanishing gradient)

How to avoid vanishing gradients and further improve the convergence?

## Previous lecture

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- Take-away: Despite nonconcavity, PG converges to the optimal policy, in a sublinear or linear rate.

### Question 2 (Vanishing gradient)

How to avoid vanishing gradients and further improve the convergence?

- Remarks:** ○ Optimization wisdom: Use divergence with good curvature information.
- Take-away: Natural policy gradient achieves a faster convergence with better constants.

## This lecture

- In this lecture, we will answer the following questions.

### Question 3 (theory)

- Why does NPG achieve a better convergence?
  - How can we further improve the algorithm?
- To answer Question 3, we first revisit some optimization background (next few slides).

### Question 4 (practice)

- How do we extend the algorithms to function approximation settings?
  - How do we extend the algorithms to online settings without computing exact gradient?
  - How do we extend the algorithms to off-policy settings?
- To answer Question 4, we will have a look at recent papers (second part of this lecture).



## The algorithmic path towards an understanding

- We will discover NPG and the two closely related algorithms: TRPO and OPPO.
- We will study the implications of advantage estimation and exploration in their convergence.
- We will further discuss the successful PPO algorithm.

Algorithm	Convergence rate	Unknown transitions	Hard environments
Vanilla PG [16]	$\mathcal{O}\left(\frac{16 S \kappa^2}{c^2(1-\gamma)^5 T}\right)$	✗	✗
Tabular NPG [2]	$\mathcal{O}\left(\frac{2}{(1-\gamma)^2 T}\right)$	✗	✓
Sample-based NPG	$\mathcal{O}\left(\frac{1}{1-\gamma} \sqrt{\frac{2 \log  \mathcal{A} }{T}} + \sqrt{\kappa \epsilon_{\text{stat}}}\right)$	✓	✗
OPPO [5]	$\mathcal{O}\left(\frac{ S  \mathcal{A} }{\sqrt{(1-\gamma)^3 T}}\right)$	✓	✓

### Remarks:

- Here are the key quantities in the table:
  - ▶  $c = [\min_{s,t} \pi_{\theta_t}(a^*(s)|s)]^{-1} > 0$
  - ▶  $\kappa = \left\| \frac{\lambda \pi^*}{\mu} \right\|_{\infty}$  is larger when it is harder to explore and is possibly  $\infty$ .
  - ▶  $\epsilon_{\text{stat}}$  is the statistical error incurred in estimating the advantage function  $A^\pi$ .

## Revisiting gradient descent

○ Consider the optimization problem  $\min_{\mathbf{x} \in \mathbb{R}^d} f(\mathbf{x})$ .

▶ Gradient descent (GD):

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \eta \nabla_{\mathbf{x}} f(\mathbf{x}_t).$$

▶ Equivalent regularized form:

$$\mathbf{x}_{t+1} = \arg \min_{\mathbf{x}} \left\{ \nabla_{\mathbf{x}} f(\mathbf{x}_t)^\top (\mathbf{x} - \mathbf{x}_t) + \frac{1}{2\eta} \|\mathbf{x} - \mathbf{x}_t\|_2^2 \right\}.$$

▶ Equivalent trust region form:

$$\mathbf{x}_{t+1} = \arg \min_{\mathbf{x}} \nabla_{\mathbf{x}} f(\mathbf{x}_t)^\top (\mathbf{x} - \mathbf{x}_t), \text{ s.t. } \|\mathbf{x} - \mathbf{x}_t\|_2 \leq \eta \|\nabla_{\mathbf{x}} f(\mathbf{x}_t)\|.$$

**Question:** ○ Would GD give the same trajectory under invertible linear transformations ( $\mathbf{x} \rightarrow \mathbf{A}\mathbf{x}$ )?

## Revisiting gradient descent (cont'd)

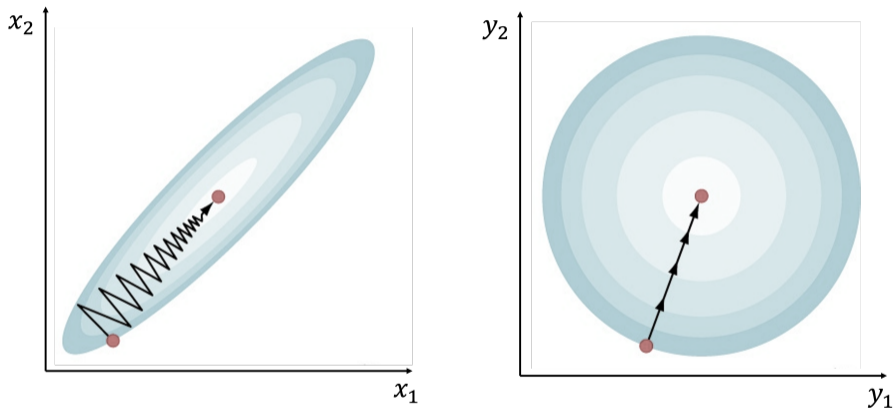


Figure: GD is not invariant w.r.t. linear transformations.

## Recall Bregman divergences

### Bregman divergence

Let  $\omega : \mathcal{X} \rightarrow \mathbb{R}$  be continuously differentiable and 1-strongly convex w.r.t. some norm  $\|\cdot\|$  on  $\mathcal{X}$ . The Bregman divergence  $D_\omega$  associated to  $\omega$  is defined as

$$D_\omega(\mathbf{x}, \mathbf{y}) = \omega(\mathbf{x}) - \omega(\mathbf{y}) - \nabla\omega(\mathbf{y})^T(\mathbf{x} - \mathbf{y}),$$

for any  $\mathbf{x}, \mathbf{y} \in \mathcal{X}$ .

#### Examples:

- Euclidean distance:  $\omega(\mathbf{x}) = \frac{1}{2}\|\mathbf{x}\|_2^2$ ,  $D_\omega(\mathbf{x}, \mathbf{y}) = \frac{1}{2}\|\mathbf{x} - \mathbf{y}\|_2^2$ .
- Mahalanobis distance:  $\omega(\mathbf{x}) = \frac{1}{2}\mathbf{x}^T Q \mathbf{x}$  (where  $Q \succeq I$ ),  $D_\omega(\mathbf{x}, \mathbf{y}) = \frac{1}{2}(\mathbf{x} - \mathbf{y})^T Q (\mathbf{x} - \mathbf{y})$ .
- Kullback-Leibler divergence:  $\mathcal{X} = \{\mathbf{x} \in \mathbb{R}_+^d : \sum_{i=1}^d x_i = 1\}$ ,  $\omega(\mathbf{x}) = \sum_{i=1}^d x_i \log x_i$

$$D_\omega(\mathbf{x}, \mathbf{y}) = \text{KL}(\mathbf{x} \parallel \mathbf{y}) := \sum_{i=1}^d x_i \log \frac{x_i}{y_i}.$$

## Background: Mirror descent

### Mirror descent (Nemirovski & Yudin, 1983)

For a given strongly convex function  $\omega$  and initialization  $\mathbf{x}_0$ , the iterates of mirror descent [3] are given by

$$\mathbf{x}_{t+1} = \arg \min_{\mathbf{x} \in \mathcal{X}} \left\{ \langle \nabla_{\mathbf{x}} f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{1}{\eta_t} D_{\omega}(\mathbf{x}, \mathbf{x}_t) \right\}.$$

#### Examples:

- Gradient descent:  $\mathcal{X} \subseteq \mathbb{R}^d$ ,  $\omega(\mathbf{x}) = \frac{1}{2} \|\mathbf{x}\|_2^2$ ,  $D_{\omega}(\mathbf{x}, \mathbf{x}_t) = \frac{1}{2} \|\mathbf{x} - \mathbf{x}_t\|_2^2$ .

$$\mathbf{x}_{t+1} = \Pi_{\mathcal{X}}(\mathbf{x}_t - \eta_t \nabla_{\mathbf{x}} f(\mathbf{x}_t)).$$

- Entropic mirror descent [3]:  $\mathcal{X} = \Delta_d$ ,  $\omega(\mathbf{x}) = \sum_{i=1}^d x_i \log x_i$ ,  $D_{\omega}(\mathbf{x}, \mathbf{x}_t) = \text{KL}(\mathbf{x} \|\mathbf{x}_t)$

$$\mathbf{x}_{t+1} \propto \mathbf{x}_t \odot \exp(-\eta_t \nabla_{\mathbf{x}} f(\mathbf{x}_t)),$$

where  $\odot$  is element-wise multiplication and  $\exp(\cdot)$  is applied element-wise.

- Entropic Mirror Descent attains nearly dimension-free convergence [3] (also see Chapter 4 [4]).
- See [Lecture 3 Supplementary Material](#) for more details and examples.

## Background: Fisher information and KL divergence

### Fisher Information Matrix

Consider a smooth parametrization of distributions  $\theta \mapsto p_\theta(\cdot)$ , the Fisher information matrix is defined as

$$F_\theta = \mathbb{E}_{z \sim p_\theta} [\nabla_\theta \log p_\theta(z) \nabla_\theta \log p_\theta(z)^\top].$$

#### Remarks:

- It is an invariant metric on the space of the parameters.
- Fisher information matrix is the Hessian of KL divergence.

$$F_{\theta_0} = \frac{\partial^2}{\partial \theta^2} \text{KL}(p_{\theta_0} \| p_\theta) \Big|_{\theta = \theta_0}.$$

- The second-order Taylor expansion of KL divergence is given by

$$\text{KL}(p_{\theta_0} \| p_\theta) \approx \frac{1}{2} (\theta - \theta_0)^\top F_{\theta_0} (\theta - \theta_0).$$

## Background: Natural gradient descent

○ Consider the optimization problem  $\min_{\mathbf{x} \in \Delta} f(\mathbf{x})$  and represent  $\mathbf{x}$  by  $p_{\theta}(\cdot)$ .

▶ Natural gradient descent (Amari, 1998):

$$\theta_{t+1} = \theta_t - \eta(F_{\theta_t})^{\dagger} \nabla_{\theta} f(\theta_t).$$

▶ Equivalent regularized form:

$$\theta_{t+1} = \arg \min_{\theta} \left\{ \nabla_{\theta} f(\theta_t)^{\top} (\theta - \theta_t) + \frac{1}{2\eta} (\theta - \theta_t)^{\top} F_{\theta_t} (\theta - \theta_t) \right\}.$$

▶ Equivalent trust region form:

$$\theta_{t+1} = \arg \min_{\theta} \nabla_{\theta} f(\theta_t)^{\top} (\theta - \theta_t), \text{ s.t. } \frac{1}{2} (\theta - \theta_t)^{\top} F_{\theta_t} (\theta - \theta_t) \leq \frac{1}{2} \eta^2 \nabla_{\theta} f(\theta_t)^{\top} F_{\theta_t}^{\dagger} \nabla_{\theta} f(\theta_t).$$

# Natural Policy Gradient (NPG)

## Natural Policy Gradient (Kakade, 2002)[9]

Given the reinforcement learning objective  $\max_{\theta} J(\pi_{\theta}) := \mathbb{E} \left[ \sum_{t=0}^{\infty} \gamma^t r(s_t, a_t) | s_0 \sim \mu, \pi_{\theta} \right] = \mathbb{E}_{s \sim \mu} [V^{\pi_{\theta}}(s)]$ , the iterates of NPG are given by

$$\theta_{t+1} = \theta_t + \eta (F_{\theta_t})^{\dagger} \nabla_{\theta} J(\pi_{\theta_t}),$$

where  $\eta > 0$  is the step-size of the algorithm.

**Key elements:**

- $F_{\theta}$  is the **Fisher Information Matrix**:

$$F_{\theta} = \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot|s)} \left[ \nabla_{\theta} \log \pi_{\theta}(a|s) \nabla_{\theta} \log \pi_{\theta}(a|s)^{\top} \right].$$

- $\nabla_{\theta} J(\pi_{\theta})$  is the **policy gradient**, which can be written as follows

$$\nabla_{\theta} J(\pi_{\theta}) = \frac{1}{1 - \gamma} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot|s)} [A^{\pi_{\theta}}(s, a) \nabla_{\theta} \log \pi_{\theta}(a|s)].$$

- $A^{\pi_{\theta}}(s, a)$  is the **advantage function**:

$$A^{\pi_{\theta}}(s, a) = Q^{\pi_{\theta}}(s, a) - V^{\pi_{\theta}}(s).$$

- $C^{\dagger}$  is the **Moore-Penrose inverse** of a matrix  $C$ .



## Interpretation of NPG

- The update rule of NPG can be viewed as solving the quadratic approximation of the problem:

$$\theta_{t+1} \approx \arg \max_{\theta} \left\{ J(\pi_{\theta}), \text{ s.t. } \text{KL}(p_{\theta_t}(\tau) \| p_{\theta}(\tau)) \leq \delta \right\},$$

where  $p_{\theta}(\tau)$  is the probability measure of the random trajectory  $\tau = (s_0, a_0, r_1, \dots, \dots)$ .

### Explanation:

- Approximate the objective with the first-order Taylor expansion:

$$J(\pi_{\theta}) \approx J(\pi_{\theta_t}) + \nabla_{\theta} J(\pi_{\theta_t})^{\top} (\theta - \theta_t).$$

- Approximate the constraint with the second-order Taylor expansion (See [Slide 11](#)):

$$\text{KL}(p_{\theta_t}(\tau) \| p_{\theta}(\tau)) \approx \frac{1}{2} (\theta - \theta_t)^{\top} F_{\theta_t} (\theta - \theta_t) \leq \delta$$

- Set  $\delta = \frac{1}{2} \eta^2 \nabla_{\theta} f(\theta_t)^{\top} F_{\theta_t}^{\dagger} \nabla_{\theta} f(\theta_t)$  and see [Slide 13](#)

### Question:

- How can we compute the iterates of natural policy gradient efficiently?

## Computing natural policy gradient

◦ As opposed to naively computing  $(F_\theta)^\dagger \nabla_\theta J(\pi_\theta)$  in NPG, we will use a key identity.

### Equivalent form of NPG (Appendix C.3 [2])

Let  $w^*(\theta)$  be such that

$$(1 - \gamma)(F_\theta)^\dagger \nabla_\theta J(\pi_\theta) = w^*(\theta).$$

Then,  $w^*(\theta)$  is the solution to the following least squares minimization problem:

$$w^*(\theta) \in \arg \min_w \mathbb{E}_{s \sim \lambda_\mu^{\pi_\theta}, a \sim \pi_\theta(\cdot|s)} \left[ \left( w^\top \nabla_\theta \log \pi_\theta(a|s) - A^{\pi_\theta}(s, a) \right)^2 \right], \quad (1)$$

where  $A^{\pi_\theta}(s, a)$  is the advantage function  $A^{\pi_\theta}(s, a) = Q^{\pi_\theta}(s, a) - V^{\pi_\theta}(s)$ .

**Proof:**

$$\begin{aligned} & \nabla_w \mathbb{E}_{s \sim \lambda_\mu^{\pi_\theta}, a \sim \pi_\theta(\cdot|s)} \left[ \left( w^\top \nabla_\theta \log \pi_\theta(a|s) - A^{\pi_\theta}(s, a) \right)^2 \right] \Big|_{w^*(\theta)} = 0 \\ & 2w^*(\theta)^\top \underbrace{\mathbb{E}_{s \sim \lambda_\mu^{\pi_\theta}, a \sim \pi_\theta(\cdot|s)} \left[ \nabla_\theta \log \pi_\theta(a|s) \nabla_\theta \log \pi_\theta(a|s)^\top \right]}_{F_\theta} - 2 \underbrace{\mathbb{E}_{s \sim \lambda_\mu^{\pi_\theta}, a \sim \pi_\theta(\cdot|s)} \left[ A^{\pi_\theta}(s, a) \nabla_\theta \log \pi_\theta(a|s) \right]}_{(1-\gamma)\nabla_\theta J(\pi_\theta)} = 0 \\ & w^*(\theta) = (1 - \gamma)(F_\theta)^\dagger \nabla_\theta J(\pi_\theta) \end{aligned}$$

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where  $A^{\pi_\theta}(s, a)$  is the advantage function  $A^{\pi_\theta}(s, a) = Q^{\pi_\theta}(s, a) - V^{\pi_\theta}(s)$ .

**Remarks:**

- Note that since the update rule of NPG is  $\theta_{t+1} = \theta_t + \eta(F_\theta)^\dagger \nabla_\theta J(\pi_\theta)$ , we can rewrite NPG as:

$$\theta_{t+1} = \theta_t + \frac{\eta}{1 - \gamma} w^*(\theta_t).$$

- $w^*(\theta_t)$  can be obtained by solving (1) via conjugate gradients, SGD, and other solvers.

## Example 1: Tabular NPG under softmax parameterization

- With softmax parameterization, the NPG becomes the policy mirror descent algorithm (Slide 11)

### NPG parameter update

Consider the softmax parameterization  $\pi_\theta(a|s) = \frac{\exp(\theta_{s,a})}{\sum_{a'} \exp(\theta_{s,a'})}$  and denote  $\pi_t = \pi_{\theta_t}$ , the NPG parameter update can be simplified to the following:

$$\theta_{t+1} = \theta_t + \frac{\eta}{1-\gamma} A^{\pi_t}.$$

Proof available in the [Supplementary material](#).

### NPG policy update + softmax parametrization = policy mirror descent

In policy space, the induced update corresponds to the following:

$$\pi_{t+1}(a|s) = \pi_t(a|s) \frac{\exp(\eta/(1-\gamma) \cdot A^{\pi_t}(s,a))}{Z_t(s)}, \text{ where } Z_t(s) = \frac{\sum_{a'} \exp(\theta_{t,s,a'})}{\sum_{a'} \exp(\theta_{t,s,a'} + \eta/(1-\gamma) \cdot A^{\pi_t}(s,a'))}.$$

## Example 2: NPG with linear function approximation

◦ In this case, we can also express the NPG update rule via a regression problem.

### NPG parameter update

Consider  $\pi_\theta(a|s) = \frac{\exp(\theta^\top \phi(s,a))}{\sum_{a'} \exp(\theta^\top \phi(s,a'))}$  and denote  $\pi_t = \pi_{\theta_t}$ . In this case we have that

$\nabla_\theta \log(\pi_\theta(a|s)) = \phi(s,a) - \sum_{a'} \pi_\theta(a|s') \phi(s,a')$  and consequently:

$$w^*(\theta) \in \arg \min_w \mathbb{E}_{s \sim \lambda_\mu^{\pi_\theta}, a \sim \pi_\theta(\cdot|s)} \left[ \left( w^\top \left( \phi(s,a) - \sum_{a'} \pi_\theta(a|s') \phi(s,a') \right) - A^{\pi_\theta}(s,a) \right)^2 \right].$$

Finally, the induced NPG parameter update becomes:  $\theta_{t+1} = \theta_t + \frac{\eta}{1-\gamma} w^*(\theta_t)$

### NPG policy update + softmax parametrization = policy mirror descent

Similarly, we can obtain a mirror descent update rule in the policy space.

$$\pi_{t+1}(a|s) = \pi_t(a|s) \frac{\exp\left(\frac{\eta}{(1-\gamma)} w^*(\theta_t)^\top \phi(s,a)\right)}{Z_t(s)}, \text{ where } Z_t(s) = \frac{\sum_{a'} \exp(\theta_{t,s,a'})}{\sum_{a'} \exp\left(\theta_{t,s,a'} + \frac{\eta}{(1-\gamma)} w^*(\theta_t)^\top \phi(s,a')\right)}$$

## Convergence of tabular NPG with softmax parametrization

- **Question:** In the case of NPG with softmax parametrization, how fast do we converge to the optimal solution?

### NPG policy update

Remember that for the softmax parametrization we have:

$$\pi_{t+1}(a|s) = \pi_t(a|s) \frac{\exp(\eta/(1-\gamma) \cdot A^{\pi_t}(s, a))}{Z_t(s)}$$

### Convergence of tabular NPG [2]

In the tabular setting, for any  $\eta \geq (1-\gamma)^2 \log |\mathcal{A}|$  and  $T > 0$ , the tabular NPG satisfies

$$J(\pi^*) - J(\pi_T) \leq \frac{2}{(1-\gamma)^2 T}.$$

#### Remarks:

- Nearly dimension-free convergence, no dependence on  $|\mathcal{A}|, |\mathcal{S}|$ .
- No dependence on distribution mismatch coefficient.
- In the case of known environment,  $\eta = \infty$  recovers Policy Iteration ([Supplementary material](#))

#### Question:

- What is the computational cost of this (nearly) dimension-free method?

## Sample-based NPG

- **Questions:** What if we do not know the environment? Can we estimate  $A^{\pi_t}(s, a)$ ?

### Sample-based NPG

Initialize policy parameter  $\theta_0 \in \mathbb{R}^d$ , step size  $\eta > 0$ ,  $\alpha > 0$

**for**  $t = 0, 1, \dots, T - 1$  **do** {NPG steps}

Initialize  $w_0$ , denote  $\pi_t = \pi_{\theta_t}$

**for**  $n = 0, 1, \dots, N - 1$  **do** {Gradient Descent steps for the regression problem}

Sample  $s \sim \lambda_{\mu}^{\pi_t}$ ,  $a \sim \pi_t(\cdot|s)$

Estimate  $\hat{A}(s, a)$  {Unbiased estimator of  $A^{\pi_t}(s, a)$ }

Update  $w_{n+1} \leftarrow w_n - \alpha(w^\top \nabla_{\theta} \log \pi_t(a|s) - \hat{A}(s, a)) \cdot \nabla_{\theta} \log \pi_t(a|s)$  {Gradient Descent step}

**end for**

Update  $\theta_{t+1} = \theta_t + \frac{\eta}{1-\gamma} w_N$  {NPG step}

**end for**

## Extra: How to sample from an occupancy measure and estimate $\hat{A}(s, a)$ ?

### Sampling routine for $\lambda_{\mu}^{\pi}$

**Input :** a policy  $\pi$ .

Sample  $T \sim \text{Geom}(1 - \gamma)$  and  $s_0 \sim \mu$ .

**for**  $t = 0, 1, \dots, T - 1$  **do**

    Sample  $a_t \sim \pi(\cdot | s_t)$ .

    Sample  $s_{t+1} \sim P(\cdot | s_t, a_t)$ .

**end for**

**Output :**  $(s_T, a_T)$ .

### An estimation routine for $\hat{Q}(s, a)$

**Input:** a policy  $\pi$ .

Sample  $(s_T, a_T) \sim \lambda_{\mu}^{\pi}$ , Initialize  $\hat{Q} = 0$ .

**while** True **do**

    Sample  $s_{T+1} \sim P(\cdot | s_T, a_T)$ .

    Sample  $a_{T+1} \sim \pi(\cdot | s_T)$ .

    Set  $\hat{Q} = \hat{Q} + r_{T+1}$ .

    Set  $T = T + 1$ .

    With probability  $1 - \gamma$  terminate.

**end while**

**Output :**  $\hat{Q}$ .

### Remarks:

- See Algorithm 1 in [2].
- We sample from the occupancy measure by generating  $(s_T, a_T)$  with  $T \sim \text{Geometric}(1 - \gamma)$ .
- $\hat{Q}$  is an unbiased estimate of  $Q(s_T, a_T)$ .
- Unbiased estimates of  $V(s_T)$  and  $A(s_T, a_T)$  can be obtained from  $\hat{Q}(s, a)$ .



## Convergence of sample-based NPG with function approximation

- We provide convergence guarantees for sample-based NPG in the linear function approximation case.

### Convergence of sampled-based NPG (informal)

Let  $\pi_\theta(a|s) = \frac{\exp(\theta^\top \phi(s,a))}{\sum_{a'} \exp(\theta^\top \phi(s,a'))}$  and  $\theta^*$  be the parameters associated to the optimal policy.

$$\mathbb{E} \left[ \min_{t \leq T} J(\pi_{\theta^*}) - J(\pi_{\theta_t}) \right] \leq \mathcal{O} \left( \frac{1}{1-\gamma} \sqrt{\frac{2 \log |A|}{T}} + \sqrt{\kappa \epsilon_{\text{stat}}} + \sqrt{\epsilon_{\text{bias}}} \right),$$

where  $\epsilon_{\text{stat}}$  is how close  $w_t$  is to a  $w^*(\theta_t)$  (statistical error) and  $\epsilon_{\text{bias}}$  is how good the best policy in the class is (function approximation error).

#### Remarks:

- $\epsilon_{\text{bias}} = 0$  under the so called “realizability” assumption for the features i.e.,

$$\forall \pi \in \Pi, \quad \exists \theta \quad \text{s.t.} \quad Q^\pi(s,a) = \theta^\top \phi(s,a) \quad \forall s, a \in \mathcal{S} \times \mathcal{A}.$$

- $\kappa = \left\| \frac{\lambda \pi^*}{\mu} \right\|_\infty$  quantifies how exploratory the initial distribution is and **might be unbounded**

#### Question:

- Can we obtain an algorithm that converges in hard to explore environments (unbounded  $\kappa$ )?

## Markov Decision Processes - Experts (MDP-E) [7]

### Markov Decision Processes - Experts (MDP-E)

Initialize policy  $\pi_0$ , learning rate  $\eta$

**for**  $t = 0, 1, \dots, T - 1$  **do**

Evaluate  $Q^{\pi_t}(s, a)$  for every state action pair.

$\pi_{t+1}(a|s) \propto \pi_t(a|s) \exp \eta Q^{\pi_t}(s, a)$ .

**end for**

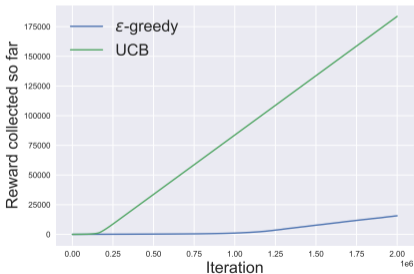
**Output** : A policy sampled uniformly at random from the sequence  $\pi_0, \dots, \pi_{T-1}$ .

#### Remarks:

- Check out the course Online Learning in Games!
- MDP-E is a no-regret algorithm for adversarially changing rewards.
- Therefore, it converges to the optimal policy for a fixed reward.

## Exploration in Policy Gradient methods

- When the transition dynamics of the agent are unknown the agent needs to explore the state space.
- Unless the initial state distribution is exploratory enough to guarantee  $\kappa$  small.
- Recall that  $\kappa$  is a constant appearing in the bound for sample based NPG.
- Can we incorporate exploration techniques in policy gradient?
  - e.g.,  $\epsilon$ -greedy [17] and UCB [8] (we studied in the first coding exercise.)



## Recall: Finite Horizon RL

- The agent interacts with the environment for  $K$  rounds with horizon  $H$ .
- The objective is to find the policy that maximizes  $\mathbb{E}_\pi \left[ \sum_{h=1}^H r(s_h, a_h) \right]$ .
- The optimal policy is non stationary.
- A non stationary policy is a collection of  $H$  policies  $\pi_1, \dots, \pi_H$ .
- $\pi_1$  is used for the first decision,  $\pi_2$  is used for the second decision and so on ....
- The value functions depend on the stage  $h$ , that is

$$Q_h^\pi(s, a) = \mathbb{E}_\pi \left[ \sum_{h'=h}^H r(s_{h'}, a_{h'}) | s_h = s, a_h = a \right], \quad V_h^\pi(s) = \mathbb{E}_\pi \left[ \sum_{h'=h}^H r(s_{h'}, a_{h'}) | s_h = s \right]$$

## Optimistic variant of the Proximal Policy Optimization (OPPO)

- **Key idea:** Perform updates with *optimistic* estimates of the value function.
- OPPO resamples NPG/MDP-E but with an optimistic evaluation step.

### OPPO [5] (simplified version)

Initialize policy parameter  $\theta_0 \in \mathbb{R}^d$ , step size  $\eta > 0$ ,  $\alpha > 0$

**for**  $t = 0, 1, \dots, T - 1$  **do**

#### Policy Evaluation

Estimate bonus and transitions  $\text{bonus}_h(s, a)$  and  $\hat{P}_h(s'|s, a)$

Compute optimistic value functions  $Q_h^t$

#### Policy Improvement

Update policies at every  $h, s, a$  with a NPG/MDP-E step

$$\pi_h^{t+1}(a|s) \propto \pi_h^t(a|s) \exp \eta Q_h^t(s, a)$$

**end for**

## Estimate transition and bonuses

- Compute the empirical average of the transition dynamics.
- Set the function  $\text{bonus}_h^t(s, a)$  proportional to the square root of the inverse number of visits for  $s, a$ .
- **Intuition:** The more often we visit a state, the more we expect the uncertainty to reduce.

### Estimating transitions and bonuses

**for**  $t = 0, 1, \dots, T - 1$  **do**

**for**  $h = 0, 1, \dots, H - 1$  **do**

    Visit the state action pair  $(s_h^t, a_h^t)$  and next state  $s_{h+1}^t$ .

    Update counts  $N_h(s_h^t, a_h^t, s_{h+1}^t) \leftarrow N_h(s_h^t, a_h^t, s_{h+1}^t) + 1$ ,  $N(s_h^t, a_h^t) \leftarrow N(s_h^t, a_h^t) + 1$ .

    Estimate transition  $\hat{P}_h(s'|s, a) = \frac{N_h(s, a, s')}{N_h(s, a) + 1}$  for all  $s, a, s'$ .

    Compute exploration bonuses  $\text{bonus}_h(s, a) \approx \sqrt{\frac{1}{N(s_h^t, a_h^t)}}$ .

**end for**

**end for**

## Estimate optimistic value function

- Having estimated  $\hat{P}_h(s'|s, a)$  and the bonus  $\text{bonus}_h^t(s, a)$ , we can compute  $Q_h^t(s, a)$  as follows.

### Backward induction to estimate $Q^t$ .

Initialize  $Q_{H+1}^t(s, a) = 0$ .

**for**  $h = H, \dots, 1$  **do**

Recurse backward to compute  $Q_h^t$

$$Q_h^t(s, a) = r_h^t(s, a) + \text{bonus}_h^t(s, a) + \sum_{s', a'} \hat{P}_h(s'|s, a) \pi_{h+1}(a'|s') Q_{h+1}^t(s', a')$$

$$Q_h^t(s, a) = \text{clip}(Q_h^t(s, a); 0, H - h + 1)$$

**end for**

#### Remarks:

- If it holds that  $\left| \sum_{s'} (\hat{P}_h(s'|s, a) - P_h(s'|s, a)) V(s') \right| \leq \text{bonus}_h(s, a)$ , this construction ensures that **Optimism** and **Bounded Optimism** hold.

## Provable exploration in policy gradient

- Optimism means to overestimate the value of  $Q^{\pi^t}(s, a)$  at every state action pairs.
- Formally, it means that  $Q_h(s, a)$  satisfies

$$\begin{aligned} V_h^t(s) &= \mathbb{E}_{a \sim \pi(\cdot|s)}[Q_h^t(s, a)] \\ Q_h^t(s, a) &\geq r_h^t(s, a) + \sum_{s'} P(s'|s, a) V_h^t(s') \end{aligned} \quad (\text{Optimism})$$

- Notice that  $Q^{\pi^t}(s, a)$  would be the fixed point of the second expression.
- At the same time we need an estimate that is not too optimistic.

$$r_h^t(s, a) + \sum_{s'} P(s'|s, a) V_h^t(s') + 2\text{bonus}_h^t(s, a) \geq Q_h^t(s, a) \quad (\text{Bounded Optimism})$$

- $\text{bonus}_h^t(s, a)$  needs to be decreasing with the number of visits for  $(s, a)$ .
- This ensures that  $Q_h^t(s, a) \rightarrow Q_h^{\pi^t}(s, a)$



## Benefit of OPPO

- The regret bound of OPPO:  $\sum_{t=1}^T V^*(s_1) - V^{\pi^t}(s_1) \leq \mathcal{O}\left(\sum_{h=1}^H \sum_{t=1}^T \text{bonus}_h^t(s_h^t, a_h^t)\right)$ .
- Next, one shows that  $\sum_{h=1}^H \sum_{t=1}^T \text{bonus}_h^t(s_h^t, a_h^t) \leq \mathcal{O}(\sqrt{T})$ .

### Theorem

Let  $\pi^1, \pi^2, \dots, \pi^T$  the sequence of non stationary policies generated by OPPO. Then it holds that

$$\sum_{t=1}^T V^*(s_1) - V^{\pi^t}(s_1) \leq \mathcal{O}(\sqrt{T})$$

This holds also when the reward function can change adversarially from episode to episode.

### Recall convergence of sampled-based NPG

$$\mathbb{E} \left[ \min_{t \leq T} J(\pi_{\theta_*}) - J(\pi_{\theta_t}) \right] \leq \mathcal{O} \left( \frac{1}{1-\gamma} \sqrt{\frac{2 \log |A|}{T}} + \sqrt{\kappa \epsilon_{\text{stat}}} + \sqrt{\epsilon_{\text{bias}}} \right),$$

where  $\kappa$  depends on the initial distribution and the environment.

**Remarks:** ○ OPPO is much better because it removes the dependence on  $\kappa$ .

## Revisiting baselines

- The baselines can be used as a variance reduction mechanism.
- Actually, one can prove which choice for the baseline guarantees minimum variance.

### Theorem

Consider the gradient with baseline  $\widehat{\nabla}_\theta J(\pi_\theta) = \sum_{t=1}^{\infty} (Q^{\pi_\theta}(s_t, a_t) - b(s_t)) \nabla \log \pi_\theta(a_t|s_t)$  for a trajectory  $\tau \sim p_\theta$ . Then,  $b^*(s) = \arg \min_{b: \mathcal{S} \rightarrow \mathbb{R}} [\text{Var} [\widehat{\nabla}_\theta J(\pi_\theta)|s]]$  satisfies

$$b^*(s) = \frac{\|Q^{\pi_\theta}(s, a) \log \pi_\theta(a|s)\|}{\|\nabla \log \pi_\theta(a|s)\|}.$$

## Is it always good to minimize variance?

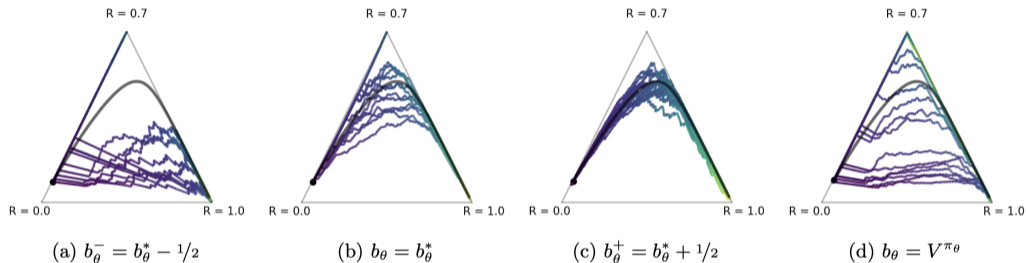
- The answer is no. Because, reducing the variance of the baseline can hinder exploration.
- As a result, the minimum variance baseline may lead to a suboptimal policy.
- Here we describe the result in [6].

### Theorem

*Theorem 1 in [6] There exists a three-arm bandit where using the stochastic natural gradient on a softmax parameterized policy with the minimum-variance baseline can lead to convergence to a suboptimal policy with positive probability, and there is a different baseline (with larger variance) which results in convergence to the optimal policy with probability 1.*

## Explore the baseline effect

- Three-arm bandit environment example:



- The optimal policy plays the action in right corner.
- That is where the trajectories with baselines  $b_{\theta}^{+}$  and  $V^{\pi_{\theta}}$  converge to .
- In the other cases, there are some trajectories converging to the top corner.
- These results confirm the issue with the minimum variance baseline.

## Unbounded variance case [12]

- Consider a bandit experiment with stochastic rewards with an action dependent distribution  $R(a)$ .
- A common unbiased estimator is constructed using importance sampling.
- Using an action  $\hat{a} \sim \pi$  and observe  $r \sim R(\hat{a})$ .

$$\hat{r}(a) = \frac{r}{\pi(a)} \mathbf{1}(a = \hat{a})$$

- If we consider an additional baselines, we get the estimator

$$\hat{r}(a) = \frac{r - b}{\pi(a)} \mathbf{1}(a = \hat{a})$$

- The variance is unbounded no matter how  $b$  is chosen.

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## Trust Region Policy Optimization

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TRPO (ICML, 2015)

## Proximal Policy Optimization Algorithms

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OpenAI

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PPO (arXiv, 2017)

OpenAI implementation: <https://github.com/openai/baselines>

## Trust Region Policy Optimization (TRPO)

- How to choose the step-size of the stochastic policy gradient method? Trust region.

### TRPO (key idea) [14]

TRPO computes the marginal benefit of a new policy with respect to an old policy:

$$\begin{aligned} \theta_{t+1} &= \arg \max_{\theta} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta_t}}, a \sim \pi_{\theta}(\cdot | s)} \left[ \frac{\pi_{\theta}(a | s)}{\pi_{\theta_t}(a | s)} A^{\pi_{\theta_t}}(s, a) \right], \\ \text{s.t. } &\mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta_t}}} [\text{KL}(\pi_{\theta}(\cdot | s) \| \pi_{\theta_t}(\cdot | s))] \leq \delta. \end{aligned}$$

where the constraint measures the distance between two policies.

#### Remarks:

- The surrogate objective can be viewed as linear approximation in  $\pi$  of  $J(\pi_{\theta})$ :

$$J(\pi) = J(\pi_t) + \frac{1}{1 - \gamma} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi}, a \sim \pi(a | s)} [A^{\pi_t}(s, a)]. \quad (\text{PDL})$$

- It can be approximated by a natural policy gradient step.
- Line-search can ensure performance improvement and no constraint violation.

## TRPO: A detailed look at the implementation

- Compute a search direction, which (almost) boils down to natural policy gradient.
  - ▶ The first order approximation of the objective.

$$\mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta_t}}, a \sim \pi_{\theta_t}(\cdot | s)} \left[ \frac{\pi_{\theta}(a | s)}{\pi_{\theta_t}(a | s)} A^{\pi_{\theta_t}}(s, a) \right] \approx \langle \nabla_{\theta} J(\theta_k), \theta - \theta_k \rangle$$

- ▶ The second order expansion of the constraints

$$\mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta_t}}} [\text{KL}(\pi_{\theta}(\cdot | s) || \pi_{\theta_t}(\cdot | s))] \approx \frac{1}{2} (\theta - \theta_k)^T F(\theta_k) (\theta - \theta_k)$$

- Execute line search along the direction  $F(\theta_k)^{\dagger} \nabla_{\theta} J(\theta_k)$ .
  - ▶ Approximations may result in a solution that does not satisfy the origin trust region.
  - ▶ Select the largest possible step size  $\eta$  that  $x_{t+1} = x_t + \eta F(\theta_k)^{\dagger} \nabla_{\theta} J(\theta_k)$  satisfies the original constraints:

$$\eta = \sqrt{\frac{2\delta}{\nabla_{\theta} J(\theta_k)^{\top} F(\theta_k)^{\dagger} \nabla_{\theta} J(\theta_k)}}$$



## Equivalence between TRPO and MDP-E [7]

- The previous result proves that TRPO produces a monotonically improving sequence of policies [14, Section 3].
- We can prove a stronger result noticing that TRPO is equivalent to MDP-E [13, Section B.3] and [7].

## Proximal Policy Optimization (PPO2)

- **Intuition:** The main problem of TRPO lies in numerically computing the Quadratic Program.
- **Solution:** Theoretical update equation is optimizing in a local region.

PPO uses no formal constraints and instead clips the distance between policies in the loss function.

### PPO (key idea) [15]

$$\max_{\theta} \mathbb{E}_{s' \sim \lambda_{\mu}^{\pi_{\theta_t}}, a \sim \pi_{\theta_t}(\cdot|s)} \min \left\{ \frac{\pi_{\theta}(a|s)}{\pi_{\theta_t}(a|s)} A^{\pi_{\theta_t}}(s, a), \text{clip} \left( \frac{\pi_{\theta}(a|s)}{\pi_{\theta_t}(a|s)}; 1 - \epsilon; 1 + \epsilon \right) A^{\pi_{\theta_t}}(s, a) \right\}$$

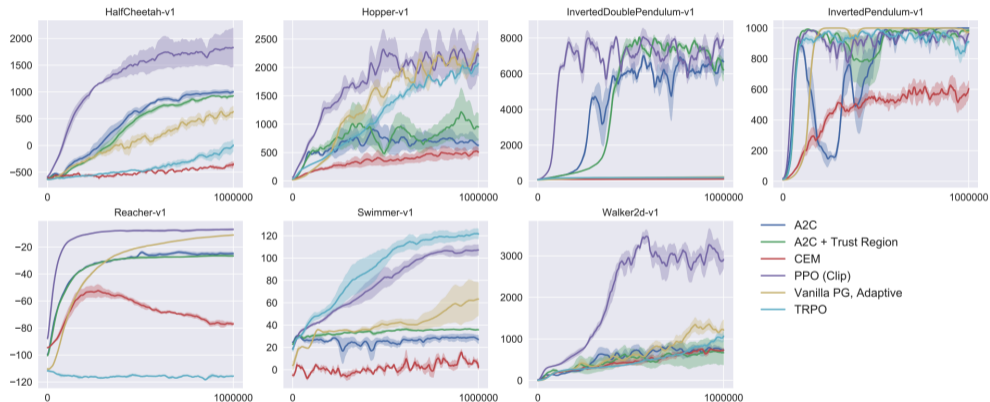
#### Remarks:

- PPO penalizes large deviation from the current policy directly inside the objective function through clipping the ratio  $\frac{\pi_{\theta}}{\pi_{\theta_t}}$ .

$$\text{clip}(x; 1 - \epsilon; 1 + \epsilon) = \begin{cases} 1 - \epsilon, & \text{if } x < 1 - \epsilon \\ 1 + \epsilon, & \text{if } x > 1 + \epsilon \\ x, & \text{otherwise} \end{cases}$$

- Run SGD. No need to deal with the KL divergence or trust region constraints.
- Vastly adopted in practice but little is known about its theoretical properties.

# Numerical Performance [15]



## More Applications



Robots



Locomotion



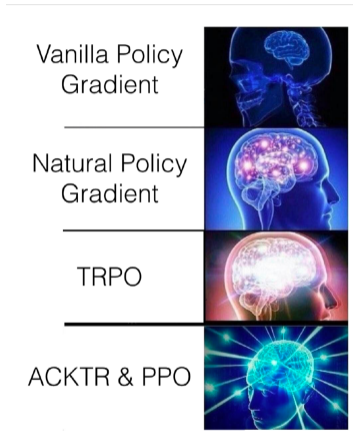
Muti-agent Games

Figure: PPO performs well in many locomotion task and games.

o Some links:

- ▶ [https://www.youtube.com/watch?v=hx\\_bgoTF7bs](https://www.youtube.com/watch?v=hx_bgoTF7bs)
- ▶ <https://openai.com/blog/openai-baselines-ppo/>

## Summary



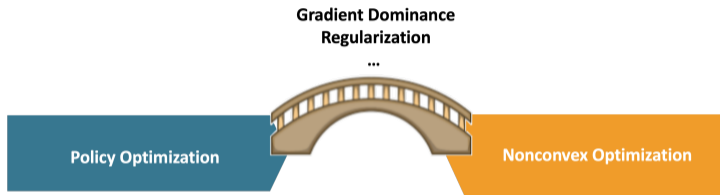
Theory



Practice

Figure from Schulman's slide on PPO in 2017.

# Summary



Vanilla Policy Gradient [16]	Gradient Descent
REINFORCE [18]	Stochastic Gradient Descent
Natural Policy Gradient [9] TRPO [1] PPO [15]	Mirror Descent
Conservative Policy Iteration [10] ...	Frank Wolfe ...

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# Supplementary Material

## Tabular NPG under softmax parametrization.

### Proof.

We need to show that  $w^*(\theta_t) = A^{\pi_t}$  in the case of softmax parametrization. To do so, we will first compute:

$$\nabla_{\theta} \log(\pi_{\theta}(a|s)) = \nabla_{\theta} \left( \theta_{s,a} - \log \left( \sum_{a'} \exp(\theta_{s,a'}) \right) \right) = e_{s,a} - \pi_{\theta}(\cdot|s).$$

In this case, we can check that  $A^{\pi_{\theta}} \in \arg \min_w \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot|s)} \left[ \left( w^{\top} \nabla_{\theta} \log \pi_{\theta}(a|s) - A^{\pi_{\theta}}(s, a) \right)^2 \right]$

because:

$$\begin{aligned} \left( A^{\pi_{\theta} \top} \nabla_{\theta} \log \pi_{\theta}(a|s) - A^{\pi_{\theta}}(s, a) \right) &= \left( A^{\pi_{\theta} \top} (e_{s,a} - \pi_{\theta}(\cdot|s)) - A^{\pi_{\theta}}(s, a) \right) \\ &= A^{\pi_{\theta}}(s, a) - A^{\pi_{\theta}}(s, a) + \sum_{a'} \pi_{\theta}(a'|s) A^{\pi_{\theta}}(s, a') \end{aligned}$$

$$\text{[Def. of } A^{\pi_{\theta}}(s, a)] = \sum_{a'} \pi_{\theta}(a'|s) (Q^{\pi_{\theta}}(s, a') - V^{\pi_{\theta}}(s))$$

$$\begin{aligned} \text{[Def. of } V^{\pi_{\theta}}(s)] &= V^{\pi_{\theta}}(s) - V^{\pi_{\theta}}(s) \\ &= 0 \end{aligned}$$

□

## Proof of tabular NPG convergence

### Lemma (Policy Improvement)

For any policy  $\pi$  and  $\pi_{t+1}$  being obtained with NPG in the softmax parametrization setup, we can express the performance difference as:

$$J(\pi) - J(\pi_t) = \frac{1}{\eta} \mathbb{E}_{s \sim \lambda_\mu^\pi} [\text{KL}(\pi(\cdot|s) \parallel \pi_t(\cdot|s)) - \text{KL}(\pi(\cdot|s) \parallel \pi_{t+1}(\cdot|s)) + \log Z_t(s)].$$

**Proof sketch:**

- Recall from **Performance Difference Lemma**:

$$J(\pi) - J(\pi_t) = \frac{1}{1 - \gamma} \mathbb{E}_{s \sim \lambda_\mu^\pi, a \sim \pi(a|s)} [A^{\pi_t}(s, a)].$$

- From the update rule  $\pi_{t+1}(a|s) = \pi_t(a|s) \frac{\exp(\eta A^{\pi_t}(s, a)/(1-\gamma))}{Z_t(s)}$ , we have

$$A^{\pi_t}(s, a) = \frac{1 - \gamma}{\eta} \log \frac{\pi_{t+1}(a|s) Z_t(s)}{\pi_t(a|s)}.$$

- Combing these two equations, we have the above lemma.

## Proof of Tabular NPG convergence (cont'd)

### Proof (NPG):

- Setting  $\pi = \pi^*$  in the previous lemma and telescoping from  $t = 0, \dots, T - 1$

$$\frac{1}{T} \sum_{t=0}^{T-1} J(\pi^*) - J(\pi_t) \leq \frac{1}{\eta T} \mathbb{E}_{s \sim \lambda^{\pi^*}} [\text{KL}(\pi^*(\cdot|s) \parallel \pi_0(\cdot|s))] + \frac{1}{\eta T} \sum_{t=0}^T \mathbb{E}_{s \sim \lambda^{\pi^*}} [\log Z_t(s)].$$

- Setting  $\pi = \pi_{t+1}$  in the previous lemma, we have

$$J(\pi_{t+1}) - J(\pi_t) \geq \frac{1}{\eta} \mathbb{E}_{s \sim \lambda^{\pi_{t+1}}} [\log Z_t(s)] \geq \frac{1 - \gamma}{\eta} \mathbb{E}_{s \sim \mu} [\log Z_t(s)] \geq 0, \forall \mu.$$

- Combining these two equations and the fact that  $J(\pi) \geq \frac{1}{1-\gamma}$  implies that

$$\frac{1}{T} \sum_{t=0}^{T-1} J(\pi^*) - J(\pi_t) \leq \frac{\log |\mathcal{A}|}{\eta T} + \frac{1}{(1-\gamma)^2 T}.$$

## NPG in the $\eta = \infty$ setup.

In the case of being able to compute  $A^{\pi\theta}$ , and setting  $\eta = \infty$ , we can see that NPG is equivalent to Policy Iteration (Lecture 2). Taking the NPG update rule for the softmax parametrization to the limit:

$$\begin{aligned}\pi_{t+1}(a|s) &= \lim_{\eta \rightarrow \infty} \pi_t(a|s) \cdot \frac{\exp(\eta/(1-\gamma)A^{\pi_t}(s,a)) \cdot \sum_{a'} \exp(\theta_{t,s,a'})}{\sum_{a'} \exp(\theta_{t,s,a'} + \eta/(1-\gamma)A^{\pi_t}(s,a'))} \\ &= \lim_{\eta \rightarrow \infty} \frac{\pi_t(a|s)}{e^{\theta_{t,s,a}}} \cdot \frac{\exp(\theta_{t,s,a} + \eta/(1-\gamma)A^{\pi_t}(s,a)) \cdot \sum_{a'} \exp(\theta_{t,s,a'})}{\sum_{a'} \exp(\theta_{t,s,a'} + \eta/(1-\gamma)A^{\pi_t}(s,a'))} \\ &= \lim_{\eta \rightarrow \infty} \frac{\exp(\theta_{t,s,a} + \eta/(1-\gamma)A^{\pi_t}(s,a))}{\sum_{a'} \exp(\theta_{t,s,a'} + \eta/(1-\gamma)A^{\pi_t}(s,a'))}\end{aligned}$$

$$\left[ \lim_{\eta \rightarrow \infty} \text{softmax}(\eta \cdot x)_i = \mathbb{1}\{x_i = \max x\} \right] = \mathbb{1} \left\{ a = \max_{a'} A^{\pi_t}(s, a') \right\}.$$

This means under  $\eta = \infty$ , we have that NPG gives us a greedy policy, where the action taken is given by:

$$\arg \max_{a'} A^{\pi_t}(s, a') = \arg \max_{a'} Q^{\pi_t}(s, a') - V^{\pi_t}(s) = \arg \max_{a'} Q^{\pi_t}(s, a'),$$

which is precisely the update formula for Policy Iteration.

## Proof for the analytical expression with lowest variance.

### Proof.

Start noticing that

$$\begin{aligned}\text{Var} [\widehat{\nabla}_{\theta} J(\pi_{\theta})|s] &= \mathbb{E} \left[ \left\| \widehat{\nabla}_{\theta} J(\pi_{\theta}) \right\|^2 |s \right] - \left\| \mathbb{E} [\widehat{\nabla}_{\theta} J(\pi_{\theta})|s] \right\|^2 \\ &= \mathbb{E} \left[ \left\| \widehat{\nabla}_{\theta} J(\pi_{\theta}) \right\|^2 |s \right] - \left\| \mathbb{E}_{a \sim \pi_{\theta}(\cdot|s)} [Q^{\pi_{\theta}}(s, a) \nabla \log \pi_{\theta}(a|s)] \right\|^2\end{aligned}$$

Therefore  $\nabla_b \text{Var} [\widehat{\nabla}_{\theta} J(\pi_{\theta})|s] = \nabla_b \mathbb{E} \left[ \left\| \widehat{\nabla}_{\theta} J(\pi_{\theta}) \right\|^2 |s \right]$ . Developing the norm squared and differentiating, we get

$$\nabla_b \mathbb{E} \left[ \left\| \widehat{\nabla}_{\theta} J(\pi_{\theta}) \right\|^2 |s \right] = 2 \left( b(s) \mathbb{E}_{a \sim \pi_{\theta}(\cdot|s)} \left[ \left\| \nabla \log \pi_{\theta}(a|s) \right\|^2 \right] - \mathbb{E}_{a \sim \pi_{\theta}(\cdot|s)} \left[ Q^{\pi_{\theta}}(s, a) \left\| \nabla \log \pi_{\theta}(a|s) \right\|^2 \right] \right)$$

Therefore, the proof is concluded setting  $b^*$  to minimize the latter expression.  $\square$